



THE MONTHLY NEWSLETTER OF GOOD SHEPHERD LUTHERAN CHURCH, ELCA

# The Shepherd's Scroll

Preaching, Teaching, and Reaching in Jesus' Name

## FROM THE PASTOR'S DESK:



### Program Assistant Hired

Welcome, Katrina Widholm! In April, Good Shepherd interviewed several candidates for the position of Program Assistant. This position incorporates some of the work that Deacon Jason did with the Discipleship program behind the scenes (like prepping classrooms, managing curriculum, etc.) with some of the work that Marilyn did (like helping to recruit volunteers and helping committees follow through with contacts and contracts) and adds some much-needed expansion of our social media footprint.

Katrina brings creativity, media skills, including website management, and years of experience in education. She is an award-winning artist and arts teacher with degrees in Fine Arts and Graphic Design/Visual Communications and a Masters in Education. Her special interest is in human-centered design. As she writes, "Design can be solely for the purpose of solving a problem... or it can have personal, social, or political significance. As a designer you must balance the two. My philosophy is to produce aesthetically pleasing, user-centered solutions to the design problems that are given to me. I use my creative intellect

as well as my past experiences to influence my work, yet I balance my own specific style aesthetic with a human-centered design process."

As an educator, Katrina is also thoughtful about the classroom experience. For her, the work students do in the classroom is "potentially part of something bigger". She sees the wider impact of what we do to teach young people – whether it's about art or Jesus. She also understands that learning is a life-long process – and again, whether we're talking about God or art creation– that process can be nurtured at all different stages.



Besides her skills in classroom management and in visual design, Katrina also has experience with coordinating events. She has coordinated festivals and workshops, celebrations and conferences. She will bring those skills to our committees to help with the details of some of the events we host each year.

As a bonus, Katrina is also a life-long member of Good Shepherd. She was baptized here as a child and has been involved as a youth and as an adult in various ways. While she doesn't know everyone, and while newer folks may not know her (yet!), Katrina is outgoing and personable and able to connect with a wide spectrum of people. Which means - sometime very soon she might be talking to YOU about helping out with a project or event at Good Shepherd! Because she's planning to expand our social media, she might also be talking to you about being in short videos – answering quick questions about Good Shepherd or your particular ministry here. Whatever she asks, I encourage you to say, “Yes”, get involved, and have fun!

Katrina is the daughter of Jack and Sally Widholm and mother of 17-year-old Sofia and currently teaches art at Holy Cross Elementary. She will be continuing that work alongside her work at Good Shepherd.

We're trying something new with this ministry position at Good Shepherd: Katrina says she's up for the adventure and the new challenge! I hope that we will all join in, supporting her along the way, and enjoying the adventure with her. Please make Katrina feel welcome as our new Program Assistant!

*If you'd like to know more about Katrina, her design and art, visit her website:*

<http://www.katrinawid.com>

# THANK YOU

A huge THANK YOU! The celebration of my 25th Anniversary of Ordination was more than I ever dreamed or expected. I felt your love and regard for me and my ministry among you in so many ways that day. Special thanks to Nancy Holm and the committee for all their work behind the scenes, coordinating what seemed like many different details. Thanks also to Darrell Hoemann for taking photos, and to the council for the brunch, the gift to the Future Leaders Fund and the embroidered stole. Thanks also to the quilters for the beautiful wall hanging and to so many people for lovely cards, kazoo songs, blessings, and various tokens. Thanks to everyone who showed up for worship and brunch – it was amazing to have all of you there. It ended up being a full and lovely day that I will long cherish. Thank you so much for celebrating with me, for celebrating the gifts of ordained ministry, and for celebrating the work we share in God's call! With gratitude and love, Pastor Lynette





## WORSHIP NEWS

**May 11 – Celebrating Faithful Women**

**May 18 – Good Shepherd Sunday**

**June 8 – Pentecost!**

**June 15 – Outdoor Worship and Hymn Sing**

**Graduation season is upon us.**

**Please let us know if you have a church family member graduating this Spring as we would like to celebrate them.**



### **CROSS+GEN GATHERING**

**Sunday, May 4  
10:15AM**

**GSLC Fellowship Hall**



### **ADULT FORUM**

**Sunday, May 11  
10:15AM**

**Origins of Our Creeds**

**Pastor Cinda Brucker will discuss how the Nicene and Apostles' Creeds came to be our main statements of Christian belief.**

## SMALL GROUPS @ GSLC



### **DWELLING TOGETHER**

**Sunday, May 11  
10:15AM**

**Fellowship, a conversation about a Bible passage, mutual support and prayer. Meets in the Small Group Room near the Library. Led by Sue Plisch.**



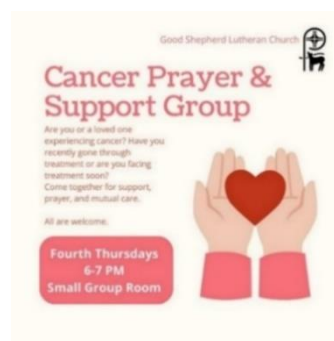
### **GSLC PIECE MAKERS**

**Tuesdays  
Noon-3:00PM**

**GSLC Quilt Room**

**No sewing experience necessary in order to participate. Most of our time is spent sorting, cutting, and ironing fabric. There are jobs for every skill level! All are welcome!**

**Contact Lois McConomy or Jodi Davis for more info.**



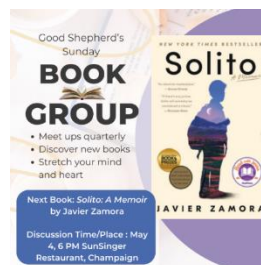
### **CANCER PRAYER & SUPPORT GROUP**

**Thursday, May 22  
6:00PM**

**Small Group Gathering  
Room**

**All are welcome! Feel free to invite anyone who may be battling, recovering from, or has family or friends living with a cancer diagnosis.**

## FELLOWSHIP EVENTS



### **GSLC BOOK GROUP**

**Sunday, May 4  
6:00PM**

**Sun Singer Restaurant  
Champaign**

**The Sunday Evening book group will meet on Sunday, May 4 at Sun Singer Restaurant at 6PM to discuss *Solito: A Memoir*. All are welcome. Contact Pastor Chapman or Amy Chamley know you're planning to attend.**

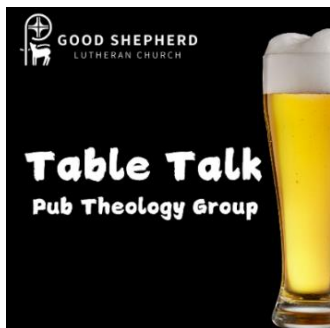


## LEMONADE, LAWN GAMES AND SPECIAL TREATS!

**Sunday, May 18  
10:30AM**

**Join us for fellowship time, special activities and lawn games for all ages following worship service.** Play bingo, croquet, corn hole, gaga ball, football bowling, and more! Enjoy lemonade, coffee, pastries, fruit, and other special treats as you visit with fellow church members.

In case of rain, the activities and food will be in the Fellowship Hall.



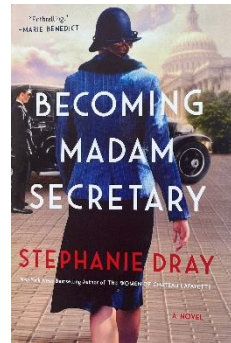
## TABLE TALK PUB THEOLOGY GROUP

**Sunday, May 18  
6:00PM  
Triptych Brewing Savoy**

Join us and engage in meaningful conversations about faith, life, meaning, identity, culture, current events and more. Come with your questions, your curiosity, and pull up a chair. No advance prep or reading is needed but be ready to engage with people of varying backgrounds, perspectives and life experiences.

Friends are welcome! No drinking is required, NA options available.

We will be using conversation prompts from [pubtheology.com](http://pubtheology.com).



## WELCA BOOK CLUB

**Thursday  
May 8, 9:30AM  
GSLC Choir Room**

***Becoming Madam Secretary*  
By Stephanie Dray**

This historical fiction novel is the story of Francis Perkins. Francis is destined to rise in a political world dominated by men, facing down the great depression, as FDR's most trusted lieutenant, even as she struggled to balance the demands of a public career with marriage and motherhood.

Questions, contact Jan Nuss.



## WELCA SPRING BREAKFAST

**Saturday, May 10  
9:00AM**

All women of Good Shepherd are invited to attend the Spring Breakfast of the Women of the ELCA. Following a continental breakfast, we will assemble and pack hygiene kits for Lutheran World Relief with items donated over the past weeks.

Please sign up on the sheet in the narthex if you plan to attend.

For more information contact Nancy Olson at 217-722-6836 or [nancybolson@gmail.com](mailto:nancybolson@gmail.com) before May 3<sup>rd</sup>.

**WOMEN'S BIBLE STUDIES**

**Groups meet in Choir Room**  
**All women are welcome!**

**Ruth & Rachel Bible Studies:**  
**Tuesday, May 20, 9:30AM**

**COMMUNITY  
OUTREACH**

**MEAL FOR ST. ANDREW'S**

Help us send off our fellow Lutheran students with a "Breakfast for Dinner" meal this month. No need for expert chefs or experienced bakers! This is an opportunity for anyone!

All food items need to be in the GSLC kitchen before 3:30pm Tuesday, May 6. Let Agatha know once the food is at GSLC and she will contact Pastor Jon and let him know it is ready for pickup.

Sign-up at:

<https://www.signupgenius.com/go/70A0E4EAAAD29A64-52474153-standrews>

OR use this QR Code:

**YOUTH NEWS****GOOD SHEPHERD  
GOD SQUAD**

**7<sup>th</sup>-12<sup>th</sup> grades**

**Saturday, May 10, 6-8PM**

Snacks, games, and devotions.

**GOOD SHEPHERD YOUTH  
CLUB**

**3<sup>rd</sup>-6<sup>th</sup> grades**

**Saturday, May 24, 4-6PM**

Snacks, games, and devotions.

**YOUTH CAMPS & RETREATS****CROSSWAYS CONFIRMATION CAMP**  
**Augustana College, Rock Island**

**June 9-13**

Youth currently in grades 6-8 and their congregational adults. Cost is \$350 per person. Registration deadline is May 15.

Learn more at [CrosswaysCamp.org](https://CrosswaysCamp.org).



Leadership Lab

**LEADERSHIP LAB**  
**Augustana College, Rock Island**

**June 23-28**

Youth currently in high school, young adults, and adults. Cost is \$420 per person. Registration is open; deadline is May 15. Learn more at [LeadershipLab.net](https://LeadershipLab.net).



Central/Southern Illinois Synod  
Evangelical Lutheran Church in America

## SYNOD YOUTH RETREAT

Lake Williamson Christian Center in  
Carlinville, IL

November 21-23

Youth in grades 6-12 and their  
congregational adults.

Registration opens in September; deadline  
is October 1.

Learn more at [CSIS-ELCA.org/youth](https://CSIS-ELCA.org/youth).



## HYPERTENSION

“YEAH, IT’S MAY” and many of us will be headed out for more structured exercise, walking etc. I thought it might be a nice time to check the latest from the America Heart Association regarding: **What Can Happen when you have diagnosed hypertension and just what can you do to be aware of the harm it can cause the body overtime. Or maybe there is hypertension in your family?**

1. **Heart Attack** – Your blood vessels can become blocked, preventing blood flow to your heart.
2. **Stroke** – The vessels that bring blood to your brain can burst or become blocked.

3. **Kidney disease** - Damage to your blood vessels prevent your kidneys from filtering blood properly.
4. **Heart Disease and Heart Failure** – When you have high blood pressure, your heart needs to work harder. This can cause serious long-term damage.
5. **Vision loss** – The vessels in your eyes can become damaged
6. **Sexual dysfunction** – High blood pressure can cause dysfunction in men and women.

**TAKE ACTION:** It’s not all gloom – you have the power to help control these issues by maintaining a healthy blood pressure.

1. Regularly check your blood pressure according to your doctors’ recommendations or use a monitor at a public place. If you have high blood pressure, it is best to buy a home monitor at any drugstore. Take your pressure regularly. Record and take this to your doctor on your visits.
2. Live a heart-healthy lifestyle. Get enough physical activity and eat healthy foods.
3. Don’t smoke, get plenty of sleep, limit alcohol, and keep stress in check
4. Take your medication as prescribed.

**Stay Healthy and Wise** – Sandy Reifsteck  
RN, FCN, GSLC





## TWIN CITY GARDEN CLUB PLANT SALE

**Saturday, May 3, 8AM-Noon**

Mark your calendars for the Twin City Garden Club Plant Sale in the front parking lot of church. Perennials, bulbs, and more will be available for sale. All plants are grown by garden club members. In addition to plants for sale, there will be "garage sale" with tools, pots, lawn ornaments, etc. Plant sale proceeds will be used to fund community projects.

## EASTER SUNDAY





# ILLINOIS MARATHON





# OLIVIA NOLTE BAPTISM



## MAY SERVING SCHEDULE

	05/04/2025	05/11/2025	05/18/2025	05/25/2025
Acolyte	Levi Todd	Declan O'Connell	Jake Brucker	Jeremiah Todd
Communion Assistants	John Todd Jeremiah Todd Becky Cook	Samantha Fisher Becky Fisher Susan Hinrichs	Carol Steinman Nancy Holm Lucas Barreto	Tori Corkery Dan Corkery Agatha Barnes
Reader	Marla Todd	Tim O'Connell	Betsy Kakoma	Joe Chamley
Chancel Care	Agatha Barnes	Agatha Barnes	Carol Steinman	Carol Steinman
Food Delivery	Jodi Davis & Vickie Wilson	Ash & June Waller	Rick & Cindy Marrs	Agatha Barnes
Flower Delivery	Deb Swanson	Carol Steinman	Betsy Kakoma	Agatha Barnes
Nursery	Lisa Young & VOLUNTEER NEEDED	Lisa Young	Carol Manley	Marla Todd
Coffee/Donuts	Nancy Holm & Patty Hart	Don Block & Jim Manley	Kim McFarland & Laurie Johnson	Becky Fisher & Samantha Fisher
Live Stream	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann
Food Packing	N/A	Carol Steinman	Mary Szyzka	Carol Steinman
Usher	Andrew Todd	Rebecca Nef-Heffernan	Nicole Paul	Becky Fisher

If you are interested in serving as a volunteer on Sunday mornings, please contact Traci in the church office at [staff@gslc-cu.org](mailto:staff@gslc-cu.org) to be added to our volunteer list.





Pastor	Lynette Chapman
Parish Admin. Asst.	Traci Shepherd
Treasurer	Bob Clark
Keyboardist	Leon Harrell
Choir Director	Julia Hartman
Custodian	Dennis Lage
Bookkeeper	Dana VanDeveer Jones
Program Assistant	Katrina Widholm
Parish Nurses	Sandy Reifsteck
	Elizabeth Kakoma
	Celeste Coverdill

**OFFICE HOURS:**  
**Monday – Thursday**  
**8:00AM – 3:00PM**  
**&**  
**Friday 8:00AM-Noon**

***Deadline for Scroll is the 15<sup>th</sup> of every month.***

***Bulletin / Announcement / Shout Out Deadline is Wednesday at noon  
each week.***

***If you would like to receive a printed copy of the Scroll, please contact Traci at [staff@qslc-cu.org](mailto:staff@qslc-cu.org).  
Paper copies are also available at the church.***