

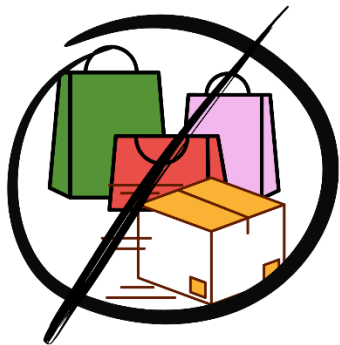


THE MONTHLY NEWSLETTER OF GOOD SHEPHERD LUTHERAN CHURCH, ELCA

# The Shepherd's Scroll

Preaching, Teaching, and Reaching in Jesus' Name

## FROM THE PASTOR'S DESK:



### Embracing a “Buy Nothing” Lent

Lent begins next week. Each Lent, Christians are called to “a discipline that contends against evil and resists whatever leads us away from love of God and neighbor.” These disciplines include “self-examination and repentance, prayer and fasting, sacrificial giving and works of love.” (*Invitation to Lent, part of Ash Wednesday liturgy*)

One of the members of our congregation recently told me that she is trying to embrace a ‘buy-nothing’ year in 2025. This can mean different things. For most, a buy-nothing period means that they pledge to purchase nothing beyond necessities – food, fuel, toiletries, etc. – and only then after considering whether they actually need it or not. This means no Amazon shopping, no new clothing, repairing things instead of replacing them, using the old phone another year, etc. It can also mean cancelling or paring down subscription services, not going to the barber or hairdresser as often, and not going out to eat. For some people “buy-nothing” means participating in a gift-economy instead – where participants build community and trade and barter and gift everything – up to and including food – and money is not used unless there is no other choice.

Generally, though, most people who attempt to “buy-nothing” still use money and still purchase needs, but they are more considered about it, committing to buy less and only purchase necessities. The hope is that participants examine their spending habits, become less addicted to consuming, even rethink our consumeristic society, reduce their impact on the environment, and perhaps even end up with a little more cash to either save or share with someone who doesn’t have enough.

Reading and digging into these ideas, I am inspired. So - I am challenging myself to a buy-nothing Lent. For 40 days, I pledge to purchase nothing that I don’t need. And I’m not going to stock up early, either! No new clothes, shoes, or accessories or yarn. No new books (this is the

hard one for me – much harder than clothes, etc.) If I want to read a book – library. Or my To-Be-Read shelf. Or re-read one I already have. Or swap one with a friend. Examine my subscription services and unsubscribe from any I don't use at least once a week. Make presents instead of purchasing them. Make cards or write handwritten notes to loved ones. I'm sure I'll think of other things along the way, but this is my starting place.

For me, this 'buy-nothing' pledge echoes several of the calls to Lenten discipline. It is definitely a fast. I am fasting from consumerism; fasting from the easy purchase on Amazon; fasting from satisfying my wants and confusing wants and needs. Of course, it is also self-examination. How much do I really need to purchase? What is necessary and good and what is not? What is my relationship with purchasing? Is it healthy or unhealthy? Where are the places where I spend because it's easier than being creative or reusing something I already have? Along the way, this discipline may also lead me to repentance – a change of life away from something life-stealing towards something life-giving. It may also lead me to think about how my consumption habits – and the consumption habits of our society – harm workers around the globe as we seek cheap goods, damage God's precious creation, and contribute to systems of injustice. And, of course, any money I save can be used to help others – the sacrificial giving and works of love.

I don't know if any of these things will lead me closer to God. I hope so. Because too often, thoughtless consumption makes us our own gods, living to satisfy our own wants before considering others' basic needs. Therefore, examining our consumption patterns can truly be a spiritual practice, teaching us about God's providence, about caring for neighbor, about what really matters in our lives.

This Lent, I challenge you to your own "buy-nothing" discipline. What might that look like in your life? What might it change for you? What insights will you gain? In the end, I hope that we who take up this challenge will discover new ways to enjoy the life our Creator intended: a life free from the chasing after of things – a life freed to serve our neighbor.

Blessings for your journey through these 40 days.

Pr. Lynette

## WORSHIP NEWS

**Sunday, March 2 – Transfiguration Sunday**  
-Pancake Brunch and Shrove Sunday fun following worship

**Wednesday, March 5 – Ash Wednesday**  
-Drive-thru Ashes: Noon-1PM (weather permitting)  
-Worship Service: 7 PM

**Sunday, March 9 – First Sunday of Lent**  
-Campus Ministry Sunday

**Sunday, March 16 – Second Sunday of Lent**

**Sunday, March 23 – Third Sunday of Lent**  
-Welcoming New Members!

### MIDWEEK SERVICES DURING LENT

**5:30 Soup Supper – sign-up sheet on bulletin board**

**6:30 Holden Evening Prayer - Remembering the Promises of Baptism**

**During Lent, Bell Choir will rehearse at 6PM; Choir will rehearse immediately following worship (around 7PM)**



### **ADULT FORUM TOPICS**

**March 9 - The Architect of Our Lutheran Theology: Paul's Letters to 1st Century Christian Churches, Part 1 of 3**

Led by retired ELCA Pastor Roger Digges. Paul wrote letters to churches that he founded to correct misunderstandings and resolve conflicts. These letters shape how we interpret our Christian faith today.

**March 16 – The Architect of Our Lutheran Theology: Paul's Letters to 1st Century Christian Churches, Part 2 of 3**

Pastor Roger Digges continues. Understanding each epistle's situations helps trace the flow of Paul's thoughts and better empowers their interpretation for today's churches.

**March 23 – The Architect of Our Lutheran Theology: Paul's Letters to 1st Century Christian Churches - Conclusion**

Pastor Roger Digges concludes this topic. These epistles call each of us, and the Church as a whole, to be unified in Christ.

## SMALL GROUPS @ GSLC



### **DWELLING TOGETHER**

**2<sup>ND</sup> -5<sup>TH</sup> Sundays, 10:15AM**

Sit down for a chat, a conversation about a Bible passage, mutual support and prayer. Meets in the Small Group Room near the Library. Led by Sue Plisch.



**GSLC  
PIECE MAKERS**

**Tuesdays  
12-3PM**

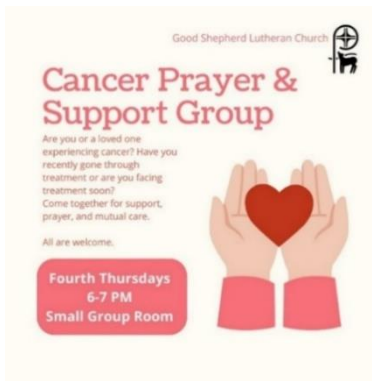
**GSLC Quilt Room**

Sewing experience is NOT needed in order to participate. Most of our time is spent sorting, cutting, and ironing fabric. There are jobs for every skill level! All are welcome!

Contact Lois McConomy or Jodi Davis for more info.

**LENTEN SUPPERS**

Join us for our Lenten soup suppers beginning on Wednesday, March 12 at 5:30pm, before each midweek Lenten worship service, through April 9. Please sign up in the narthex if you would like to donate soup or bread/rolls for the meals or if you can help with set-up or clean-up.



**CANCER PRAYER & SUPPORT GROUP**

**Thursday  
March 27  
6PM**

**Small Group  
Gathering Room**

 A flyer for the Lenten Learning Event. It features a background image of a person in silhouette looking out over water. The text includes: "GOOD SHEPHERD LUTHERAN CHURCH", "Lenten Learning Event", "Saturday, March 22, 2025", "9 AM - Noon", "at Good Shepherd", "2101 S. Prospect Ave., Champaign", "Free. Register by emailing staff@gslc-cu.org or by calling 217-352-1732.", "Choose up to three topics to learn about in 30 minute sessions.", "Presenters include Amy Penne, Karen Jones, Pr. Paul Chapman, Nancy Olson, and Pr. Lynette Chapman".
 

Prayer Journaling	<b>Lenten Learning Event</b> <b>Saturday, March 22, 2025</b> <b>9 AM - Noon</b> <b>at Good Shepherd</b> 2101 S. Prospect Ave., Champaign Free. Register by emailing <a href="mailto:staff@gslc-cu.org">staff@gslc-cu.org</a> or by calling 217-352-1732. Choose up to three topics to learn about in 30 minute sessions. Presenters include Amy Penne, Karen Jones, Pr. Paul Chapman, Nancy Olson, and Pr. Lynette Chapman
Centering Prayer	
The Lord's Prayer	
Lectio Divina	
Sensory Prayer	

**LENTEN LEARNING EVENT – LORD, TEACH US TO PRAY**

**Saturday, March 22, 9AM-Noon**

As we seek to know more about God and to grow in our spiritual practices, Good Shepherd is preparing another mini retreat. We've invited some outside speakers and we're encouraging participants to choose topics that they are curious about instead of trying to present all these ideas to everyone.

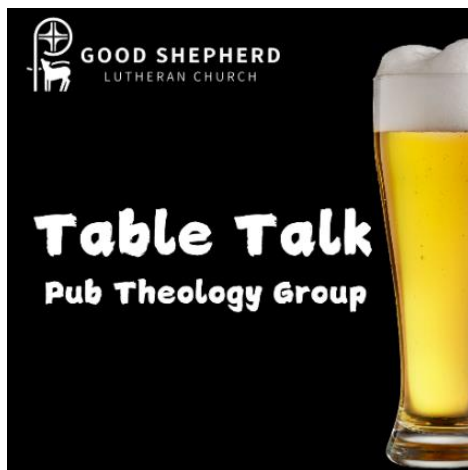
Mark your calendars, invite a friend, sign up on the list in the narthex or by calling the office, and join us for this special Saturday of learning new ways to connect with God through prayer.

**FELLOWSHIP EVENTS**



**MARCH 2 - FASNACHT PANCAKE BRUNCH**

Meet in the Fellowship Hall after service for a delicious pancake brunch and bible-themed games and activities for all ages. This will be a great time to meet and chat with fellow members of Good Shepherd.



**TABLE TALK\***  
**PUB THEOLOGY GROUP**

**Sunday, March 30 6:00PM**  
**Triptych Brewing, Savoy**

Want to engage in meaningful face-to-face conversations about faith, life, meaning, identity, culture, current events and more? Come with your questions, your curiosity, and pull up a chair. No advance prep or reading is needed but be ready to engage with people of varying backgrounds, perspectives and life experiences.

Friends are welcome! No drinking is required, every place we go will have NA options. We will be using conversation prompts from [pubtheology.com](http://pubtheology.com).

If you are interested in co-facilitating this group, please talk to Pastor Lynette.

\*The term "Table Talk" comes from a book in Martin Luther's collected works, which was not written by Luther himself, but by friends and companions who jotted down quotes from the great teacher, usually while they were enjoying some of Katie Luther's famous brew around the table, talking about matters of faith, society, and life.

**\*SAVE THE DATE\***

**APRIL 6 - CELEBRATION BRUNCH**

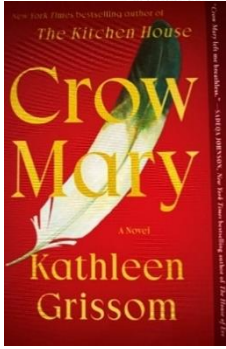
Plan to join in the celebration of the 25th anniversary of Pastor Lynette's ordination at a brunch in the Fellowship Hall. There is a sign-up sheet in the narthex for those wishing to bring food or help at the event. Pastor Amy Zietlow from the synod will be here to preach that Sunday. Watch for more details in the coming weeks.

 The poster is for 'Good Shepherd's Sunday BOOK GROUP'. It features a central graphic of an open book with rays of light emanating from it. To the right is the cover of the book 'Solito: A Memoir' by Javier Zamora, which is a New York Times Bestseller. The cover shows a silhouette of a person carrying a large backpack. Text on the poster includes:
 

- Good Shepherd's Sunday
- BOOK GROUP**
- Meet ups quarterly
- Discover new books
- Stretch your mind and heart
- Next Book: *Solito: A Memoir* by Javier Zamora
- Discussion Time/Place : May 4, 6 PM SunSinger Restaurant, Champaign

**GSLC BOOK GROUP**

**Sunday, May 4, 6:00PM**  
**Sun Singer Restaurant, Champaign**



### WELCA BOOK CLUB

Thursday  
March 13, 9:30AM  
GSLC Choir Room

*Crow Mary*  
By Kathleen Grissom

A fictionalized account inspired by a true story. Crow Mary is the name her white fur trader husband gives her when they marry in 1872. She sets off on a whirlwind of colliding cultures that brings out the worst and the best in the cast of unforgettable characters. Questions, contact Jan Nuss.



**WOMEN'S BIBLE STUDIES**  
Groups meet in Choir Room  
All women are welcome!

**Ruth & Rachel Bible Studies:**  
Tuesday, March 18, 9:30AM

### GSLC PIECEMAKERS



Thrivent Action Team funds were made available to purchase quilt batting.



### WELCA LWR PERSONAL CARE KITS COLLECTION

Once again, this year the WELCA group at Good Shepherd will be collecting items for personal hygiene kits distributed through Lutheran World Relief. This has been a very successful collection in years past and we hope to continue the success by putting together 100-150 of these kits. Now more than ever, our generosity is needed to help refugees and people displaced by natural disasters and war to have some small measure of comfort from being able to maintain their personal hygiene.

Boxes for collection of the items for the kits will be in the narthex until the WELCA spring luncheon on May 10<sup>th</sup> when they will be assembled and packed for shipping later in the year. **Note that the items needed are: two bath sized bars of soap in their packages, one toothbrush in package, one sturdy comb out of package, one nail clipper, and one dark colored bath towel.**

For more information or questions, please contact Nancy Olson.

# COMMUNITY OUTREACH



## CU AT HOME "ONE WINTER NIGHT"

### Thank you!

Our team raised **over \$10,000** for C-U at Home during One Winter Night – largely thanks to YOUR generosity! Our goal was \$5000 – but you doubled that! This gift will change many lives. Thank you so much for supporting this beautiful ministry and the people they serve.



## YOUTH NEWS

### EL SALVADOR HABITAT FOR HUMANITY BUILD TRIP

June 6-15, 2025



If interested, contact Dean Olson.  
Registration **deadline is March 29**, and we  
need at least 10 people to go.



### LUTHERAN MEN IN MISSION

Did you know following Jesus isn't just for women? We hear a lot about Women of the ELCA (WELCA) and just celebrated Bold Women's Sunday. But men's organizations are active in our church as well. **Lutheran Men in Mission** has the vision for every man to be a bold, daring follower of Jesus Christ. They offer online Bible Study, book groups, and discussion opportunities for men across the ELCA. For more information, visit their website at [www.lutheranmeninmission.org](http://www.lutheranmeninmission.org). You can subscribe to their weekly email and receive updates about upcoming events. And if anyone wants to start a local, in-person group at Good Shepherd, talk to Pastor Chapman.



### GOOD SHEPHERD GOD SQUAD

7<sup>th</sup>-12<sup>th</sup> grades

Saturday, March 8  
6-8PM

Snacks, games, and  
devotions.



### GOOD SHEPHERD YOUTH CLUB

3<sup>rd</sup>-6<sup>th</sup> grades

Saturday, March 22  
4-6PM

Snacks, games, and  
devotions.

### CROSSWAYS CONFIRMATION CAMP

Augustana College, Rock Island

June 9-13 for youth currently in grades  
6-8 and their congregational adults. Cost is  
\$350 per person. Registration deadline is  
May 15. Learn more at  
[CrosswaysCamp.org](http://CrosswaysCamp.org).

### LEADERSHIP LAB

Augustana College, Rock Island

June 23-28 for youth currently in high  
school, young adults, and adults. Cost is  
\$420 per person. Registration opens soon;  
deadline is May 15. Learn more at  
[LeadershipLab.net](http://LeadershipLab.net).



### SYNOD YOUTH RETREAT

Lake Williamson Christian Center in  
Carlinville, IL

November 21-23 for youth in grades 6-12  
and their congregational adults.

Registration opens in September; deadline  
is October 1.

Learn more at [CSIS-ELCA.org/youth](https://CSIS-ELCA.org/youth).

### Chestnut Mountain GSLC Family Ski Trip





### MARCH SERVING SCHEDULE

	03/02/2025	03/05/2025-Ash Wednesday	03/09/2025	03/16/2025	03/23/2025	03/30/2025
Acolyte	Jeremiah Todd	Dean Olson	Zechariah Fisher	Levi Todd	<b>VOLUNTEER NEEDED</b>	Donovan Dewing
Communion Assistants	Susan Barreto	Cinda Brucker	Dan Corkery	Jenelle Keene	Dean Olson	Rebecca Nef- Heffernan
	Lucas Barreto	Lois McConomy	Dean Olson	Dylan Keene	Nancy Olson	Agatha Barnes
	John Todd	Nancy Olson	Tim O'Connell	Lois McConomy	Nancy McCowen	Joe Chamley
Reader	Gail Block	Steve McConomy	Bob Coverdill	Becky Cook	Joe Chamley	Cinda Brucker
Chancel Care	Carol Steinman	Samantha Fisher	Carol Steinman	Amy Chamley	Amy Chamley	Amy Chamley
Food Delivery	Ruth Meyer	N/A	Rebecca Nef- Heffernan & Laurie Johnson	Deb Swanson	Jenelle Keene	Shelly Cekander
Flower Delivery	Deb Swanson	N/A	Carol Steinman	Jenelle Keene	Dean Olson	Agatha Barnes
Nursery	Dylan Keene	Samantha Fisher	Lisa Young	Marla Todd	Amy Chamley	Samantha Fisher
Coffee/Donuts	Nancy Holm & Samantha Fisher	N/A	Don Block & Nancy Olson	Don Block & Becky Fisher	Kim McFarland & Patty Hart	Becky Fisher & Laurie Johnson
Usher	Don Block	Susan Hinrichs	Samantha Fisher	Jeremiah Todd	Becky Fisher	Ash Waller
Livestream	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann	Jeff & Logan Young	Darrell Hoemann	Darrell Hoemann
Food Packing	Mary Szyzka	N/A	N/A	N/A	Lisa Young	Carol Steinman

If you are interested in serving as a volunteer on Sunday mornings, please contact Traci in the church office at [staff@gslc-cu.org](mailto:staff@gslc-cu.org) to be added to our volunteer list.



Pastor	Lynette Chapman
Parish Admin. Asst.	Traci Shepherd
Treasurer	Bob Clark
Keyboardist	Leon Harrell
Choir Director	Julia Hartman
Custodian	Dennis Lage
Bookkeeper	Dana VanDeveer Jones
Parish Nurses	Sandy Reifsteck Elizabeth Kakoma Celeste Coverdill

**OFFICE HOURS:**  
**Monday – Thursday**  
**8:00AM – 3:00PM**  
**&**  
**Friday 8:00AM-Noon**

***Deadline for Scroll is the 15<sup>th</sup> of every month.***

***Bulletin / Announcement / Shout Out Deadline is Wednesday at noon  
each week.***

***If you would like to receive a printed copy of the Scroll, please contact Traci at [staff@gslc-cu.org](mailto:staff@gslc-cu.org).  
Paper copies are also available at the church.***