

THE MONTHLY NEWSLETTER OF GOOD SHEPHERD LUTHERAN CHURCH, ELCA

The Shepherd's Scroll

Preaching, Teaching, and Reaching in Jesus' Name

FROM THE PASTOR'S DESK:

In June, we often celebrate graduates. Sometimes on Father's Day, which gives rise to all of the "Grads and Dads" rhyming in different marketing schemes. We have some amazing graduates this year at Good Shepherd – and we'll honor them on June 1 (and 15th, too?). But graduates would not be where they are without dedicated teachers.

There are many teachers and former teachers Pre K through Graduate courses here at Good Shepherd. But often overlooked are the volunteer teachers, the parents and adults who volunteer to teach the faith to our young people, Sunday after Sunday. They are amazing! Few of them have formal teaching training, and yet they show up and do the work, spend the time digging into Bible stories and faith concepts, building relationships and encouraging children to love God and love others every single week. And they do this largely unnoticed.

So, I want to take this opportunity and use this space to thank and honor all the volunteers who help out in our Sunday School.



Eric Brucker
Marjorie Catt
Samantha Fisher
Susan Hinrichs
Ginger Hundgen
Vance Martin
Megan O'Connell
Tim O'Connell
Marla Todd
John Todd
Erin Wilding-Martin
Lisa Young

When you see them, thank them. Thank them profusely. Thank them often. And then, volunteer yourself! Our Sunday School curriculum is fun, easy to prepare, and doesn't require previous knowledge from our leaders. Our classes are small, and our leaders are supportive. Yes, the children are active and energetic, but there's always more than one adult in each room. Without these volunteers, we wouldn't have a Sunday School, and we'd have a harder challenge to fulfill our mission of Teaching in Christ's name.

In Christ,

Pastor Lynette

PS: I don't want to forget our adult leaders, either. Pr. Cinda Brucker and Dean Olson lead and coordinate Adult Forum. Thank you both! And Sue Plisch facilitates our Dwelling Together Small Group. Thank you, Sue!



WORSHIP NEWS

June 1 – Graduate Recognition

June 8 - Pentecost Sunday

June 15 – Outdoor Worship, Blessing for

Faithful Men and Hymn Sing

June 29 - Welcoming New Members



SHARE YOUR MUSICAL GIFTS THIS SUMMER!

From June 1 to August 31, singers and instrumentalists of all ages and skill levels are invited to participate in special music during worship. GSLC members or friends can sign up using this form. Have questions? Contact Leon Harrell at leon@gslc-cu.org.

<u>SMALL GROUPS @ GSLC</u>



GSLC PIECE MAKERS

Tuesdays Noon-3:00PM

GSLC Quilt Room

No sewing experience

necessary in order to participate. Most of our time is spent sorting, cutting, and ironing fabric. There are jobs for every skill level! All are welcome! Contact Lois McConomy or Jodi Davis for more info.

CANCER PRAYER & SUPPORT GROUP

Thursday, June 26 6:00PM

Small Group Gathering Room



All are welcome! Feel free to invite anyone who may be battling, recovering from, or has family or friends living with a cancer diagnosis.

FELLOWSHIP EVENTS

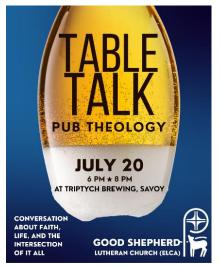


TABLE TALK
PUB THEOLOGY
GROUP

Sunday, July 20 6:00PM

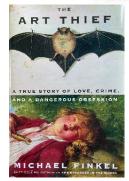
Triptych Brewing Savoy

Join us as we engage in meaningful conversations about faith, life, meaning, identity, culture, current events and more. Come with your questions, your curiosity, and pull up a chair. No advance prep or reading is needed but be ready to engage with people of varying backgrounds, perspectives and life experiences.

Friends are welcome! No drinking is required, NA options available.

Questions? Want to submit a discussion topic? Talk to Pastor Lynette.





WELCA BOOK CLUB

Thursday
June 12, 9:30AM
GSLC Choir Room

The Art Thief By Micheal Finkel

This book was inspired by the true story of the 1990 robbery of Isabel Stewart Gardner Museum in Boston. Stéphane Bréitwieser stole from more than 200 museums and galleries across Europe amassing a collection worth an estimated \$2 billion. The moral of the story is human values and relations are important in life and such values can change a person too.

Questions, contact Jan Nuss.



We use studies from *Gather Magazine*. Extra copies of the study are in the church hallway near the restrooms.



Thank you to all who attended the WELCA Spring Breakfast on May 10, sharing good food and conversation. Thank you also to everyone

who stayed after breakfast to help put

together the personal care kits for Lutheran World Relief. We packed 108 kits. A very special thank you to those who organized the breakfast and those who coordinated the collection of kit supplies, and to everyone who donated supplies for the kits or made monetary donations. These kits will be sent this fall all over the world.



SCHOOL SUPPLIES FOR LWR

WELCA will be

collecting school supplies for Lutheran World Relief school kits from **July 1 to August 10**. Please place donations in the large box in the narthex, or monetary donations can be made on the church website, designating the donation for WELCA. If you would like to help sew school bags, please contact Rebecca Nef-Heffernan. We hope to make 100 school kits.

School supplies needed for each kit:

- 4 wide-lined or college-lined approx.
 8 x 10.5-inch spiral notebooks, 70-page count (no loose-leaf paper)
- 5 black or blue ballpoint ink pens (no gel pens)
- 1 box of 16 or 24 regular crayons
- 1 pair of child-safe blunt scissors
- 1 2.5-inch eraser
- 1 pencil sharpener
- 1 plastic or wooden 12 in. long ruler marked in inches and centimeters
- 5 unsharpened #2 plain wooden pencils with erasers

Please contact Nancy Holm if you have any questions about the supplies.



Did you know? We partner with St. Andrew's Lutheran Church and Campus Center to provide Campus Ministry on the UIUC Campus. Our church council recently gave funds to purchase a commercial dishwasher for their new kitchen! You can support St. Andrew's and its ministry in lots of ways:

Provide a Meal – Beginning this fall, they will have worship Sunday evenings with a meal following. Dinners can be dropped off Sunday evenings at St. Andrew's or donations can be made to purchase meal supplies.

Help Furnish/Finish the New Building – St. A's is looking for donations of items to help set up the new space. To donate or for a detailed list of needed items, contact Pr. Jon at pastor@lutherancampuscenter.org

Items needed include:

32oz Rolling Garbage Tote - \$89.99; Rubbermaid Desk Trash Bins - \$12/each; Decorative Flowerpots - \$20/each; Large Coffee Machine (with carafes) - \$400; Stacking Communion Tray - \$65; Automatic Soap Dispensers - \$50/each; Automatic Paper Towel - \$90/each; Reusable "Un-paper" Towels - \$68/24pack; Commercial Chafing Dishes - \$50/each; Coat Rack - \$300 Thrivent Choice Dollars – Thrivent Members may designate St. Andrew's to receive Thrivent Choice Dollars. Visit Thrivent.com/thriventchoice.

Make a One-Time or On-going Gift - Visit: https://www.lutherancampuscenter.org/gift/

INTRODUCING GATHER - CHAMPAIGN URBANA* (YOUNG ADULTS)

The Gather Network is a ministry of ELCA Young Adults that seeks to "gather" young adults for community, fellowship, worship, and faith across cities or regions. With a lot of ELCA congregations in our area, Gather CU seeks to connect young adults with one another and help new young adults in the area get connected with a community and/or a congregation.

For more background on Gather visit gathernetwork.org.

Join Gather Champaign-Urbana for our first unofficial meeting @ Rose Bowl Tavern in Urbana for Trivia Night on Wednesday June 18th @ 7:15pm. We'll get to know one another, enjoy a beer or soda, and have a friendly trivia competition. We'll also start some conversations about leadership and how often the group will meet and decide on an *official name for the group. If you have any questions or are interested but unable to attend on the 18th, please email Pr. Jon pastor@lutherancampuscenter.org.

YOUTH NEWS



Please start collecting plastic bottle caps of any size and color, bring them to church by September 5th

For an upcoming beautification project!



COMMUNITY OUTREACH

Fill Big Red 2.0!

Diaper Drive

Drop off Diapers at church anytime before July 3rd





NOW is the perfect time to lose weight, when more fruits and vegetables are available, with the Goal to STICK TO IT!

One might (1) Take one day a week to eat what you like and don't worry about it; (2) Weigh one time a week and write it down — do not get discouraged; (3) Write down what you eat, trying to make it a habit. I have a document for this purpose that I can share with you at church or mail you a copy.

WEIGHT LOSS STRATEGY

- Get enough Fiber: The main positive is, it expands in your gut and makes you feel fuller. The latest research shows hormones tell your brain you had enough.
- 2. **Focus on Protein**: Meat, dairy, and plant-based proteins like beans, tofu, peas, and grains.
- 3. **Don't fear Fat**: Healthy ones are good for your heart, brain, and more. Salmon, nuts or seeds, avocado, olive oil as examples.
- 4. **Cut down on Sugar**: Such as sugary beverages and fancy coffee drinks. If you love desserts (I DO), have a smaller portion, slow down your eating by taking small bites.
- 5. **Observe your Portion size**: Eating out is the trickiest. Ask for a take home box when served or split an entrée with a spouse or friend.

Sandy Reifsteck RN Faith Community Nurse, GSLC

JUNE SERVING SCHEDULE

	06/01/2025	06/08/2025	06/15/2025	06/22/2025	06/29/2025
Acolyte	Jake Brucker	Declan O'Connell	Andrew Todd	VOLUNTEER NEEDED	Zechariah Fisher
Communion	Jenelle Keene	Tim O'Connell	Susan Barreto	Becky Cook	Lois McConomy
Assistants	Dylan Keene	Mary Szyszka	Lucas Barreto	Tori Corkery	Jim Manley
	Joe Chamley	Becky Fisher	John Todd	Dean Olson	Rebecca Nef-Heffernan
Reader	Tori Corkery	Rebecca Nef-Heffernan	Dan Corkery	Nancy Holm	Susannah Scaroni
Chancel Care	Jenelle Keene	Jenelle Keene	Beth Followell	Beth Followell	Beth Followell
Food Delivery	Nancy McCowen & Carol Manley	Bob Clark	Gloria Arizaga	Deb Swanson	Shelly Cekander
Flower Delivery	Deb Swanson	Carol Steinman	Patty Hart	Dean Olson	Lois McConomy
Nursery	Carol Manley	Carol Manley & Amy Chamley	Marla Todd	Dylan Keene	Lisa Young
Coffee/Donuts	Sally Widholm & Nancy Olson	Kim McFarland & Jim Manley	Lisa Young & Becky Fisher	Nancy Holm & Samantha Fisher	Lisa Young & Kim McFarland
Usher	Eric Brucker	Sue Plisch	Patty Hart	Nancy Olson	Samantha Fisher
Food Packing	N/A	N/A	Mary Szyszka	Lisa Young	Mary Szyszka
Livestream	Darrell Hoemann	Bob Coverdill	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann

If you are interested in serving as a volunteer on Sunday mornings, please contact Traci in the church office at staff@gslc-cu.org to be added to our volunteer list.

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Pastor Lynette Chapman
Parish Admin. Asst. Traci Shepherd
Treasurer Bob Clark

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Keyboardist Leon Harrell
Choir Director Julia Hartman
Custodian Dennis Lage

Bookkeeper Dana VanDeveer Jones

Program Assistant Katrina Widholm
Parish Nurses Sandy Reifsteck
Elizabeth Kakoma
Celeste Coverdill

OFFICE HOURS:

Monday – Thursday 8:00AM – 3:00PM Friday 8:00AM-Noon

SUMMER OFFICE HOURS

Beginning Monday, June 16

Monday – Thursday 8:00AM-4:00PM

Closed Friday

Deadline for Scroll is the 15th of every month.

Bulletin / Announcement / Shout Out Deadline is Wednesday at noon each week.

If you would like to receive a printed copy of the Scroll, please contact Traci at staff@gslc-cu.org.

Paper copies are also available at the church.