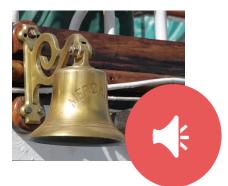


THE MONTHLY NEWSLETTER OF GOOD SHEPHERD LUTHERAN CHURCH, ELCA

The Shepherd's Scroll

Preaching, Teaching, and Reaching in Jesus' Name

FROM THE PASTOR'S DESK:



Franciscan Bell-Ringing for the Average Person

During our Stillness Retreat in January, we explored several different tools for creating moments or times for prayer and stillness in our daily lives. One way to connect with God that we discussed was "Franciscan Bell-Ringing for the Average Person."

As you might know, in many monasteries, bells are used to call the devotees to prayer every few hours. Some monasteries pray

throughout the day, beginning with Lauds at sunrise and end with Compline (at night before bed). In Muslim countries, an imam's voice sings from a tall minaret, calling people to prayer 5 times a day. However, we do not live in monasteries; nor are we somewhere where a call to prayer is broadcast regularly. Yet, our lives are filled with noise, with sounds, even with repeated sounds.

What are some of the repeated sounds that you hear every day? A watch alarm? A co-worker's phone ringing? Your child's game starting up? An app notification on your phone? The dryer's buzz? The ping of the microwave as someone reheats their coffee? The sirens of an ambulance or fire truck rushing by outside? Maybe you're working or reading in a coffeeshop, and it's the hiss of the espresso machine.... Maybe it's every time you hear someone say, "Good morning!" or greet someone near you. Take a moment and identify some sounds or phrases you hear regularly – not addressed to you necessarily, but around you day to day.

Now ask yourself: Which of these sounds might call you to prayer? Even just a "thank you, God" prayer? Take a moment as you read this and think about a noise that might prompt you to pause, to look around you and give thanks, or to simply breathe. Try to incorporate this practice into your daily routine.

This can be especially helpful with sounds that annoy you. By re-identifying an annoying sound as a prompt for prayer, you can reframe your reaction. For example, if a co-worker's laugh or a family member's belching drive you nuts, claim those sounds as your "bell-ringing" prompt. Maybe that laugh invites you to thank God for something that brings you joy; maybe that belch reminds you to pray for folks who are hungry or hurting.

There are lots of ways to use common prompts to move you toward a goal of more frequent communication with God. Get creative! However, if you're not feeling creative, try these out:

Every time you hear "good morning!", pause, take a breath, and give thanks for your day.

Or, every time you hear an ambulance, pause, take a breath, and pray for someone in need.

Or, every time you hear your app ping or the message notification, pause, take a breath, and communicate with God.

Blessings for your prayer life and your walk with God, Pastor Lynette Chapman

WORSHIP NEWS

February 2 – Presentation of our Lord celebrated in worship; Scout Sunday

Scouts are welcome to wear their uniforms and participate in the service as ushers and greeters. Talk to Pastor Lynette if you or your child would like to be involved.

February 9 – Souper Bowl Sunday – bring in cans of soup for our food pantry or make a donation in support of your favorite team

February 16 – Faith & Science Sunday

February 23 – Bold Women's Sunday

March 2 – Transfiguration Sunday – with pancake brunch/Cross+Gen gathering and fun following worship

March 5 – Ash Wednesday 7 PM

March 12 – Midweek Lenten Soup Suppers and Holden Evening Prayer start 5:30/6:30



ADULT FORUM TOPICS

February 9 – Mary Magdalene, Part 1 Retired ELCA Pastor Janet Lepp will lead our discussion of this

central figure in Christianity, and how her changing story challenges ideas about spirituality and the role of women in religion.

February 16 – Mary Magdalene, Part 2 Pastor Janet Lepp continues her discussion of this controversial figure in Christianity, with her story revised and elaborated on by many writers and thinkers over the centuries. February 23 – Evangelism Today: Challenges and Opportunities

Deacon Jason Fisher, Director of Evangelical Mission for the ELCA Central Southern Illinois Synod, discusses what he's doing these days, including the Faith+Lead framework.



CROSS+GEN GATHERING

Sunday, February 2 10:15AM GSLC Fellowship Hall

Everyone is invited to our monthly Cross-Generational gathering.

SMALL GROUPS @ GSLC



DWELLING TOGETHER

2ND -5TH Sundays 10:15AM

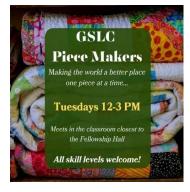
Sit down for a chat, a conversation

about a Bible passage, mutual support and prayer. Meets in the Small Group Room near the Library. Led by Sue Plisch.



CANCER PRAYER & SUPPORT GROUP

Thursday February 27 6PM Small Group Gathering Room



GSLC PIECE MAKERS

Tuesdays 12-3PM

GSLC Quilt Room

Sewing experience is NOT needed in order

to participate. Most of our time is spent sorting, cutting, and ironing fabric. There are jobs for every skill level! All are welcome! Contact Lois McConomy or Jodi Davis for more info.

FELLOWSHIP EVENTS



GSLC BOOK GROUP Sunday, February 9 6-8PM Sun Singer Restaurant Champaign

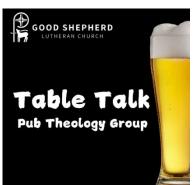


TABLE TALK* PUB THEOLOGY GROUP STARTING

Sunday evenings – location will vary

First Gathering Sunday, February 16 6:00PM Triptych Brewing, Savoy

Want to engage in meaningful face-to-face conversations about faith, life, meaning, identity, culture, current events and more? We're starting a pub theology group once a month on a Sunday evening. Come with your questions, your curiosity, and pull up a chair. No advance prep or reading is needed, but be ready to engage with people of varying backgrounds, perspectives and life experiences.

Friends are welcome! No drinking required – every place we go will have NA options.

We'll be using conversation prompts from pubtheology.com. Here's a sample of two recent questions:

At least four wildfires are currently raging in Southern California, according to the Los Angeles Times. Eleven people have been reported dead and more than 12,000 structures burned, including at least a dozen houses of worship. Among them are Pasadena Jewish Temple, Al-Taqwa, a historically African American mosque in Altadena, Corpus Christi Catholic Church and at least 10 Protestant churches. Father Febin Barose, director of the Mater Dolorosa Passionist Retreat Center, which lost multiple buildings to the fire, said, "It makes complete sense to understand that our faith is tested on fire! But we are pilgrims of hope as Pope Francis exhorted us this year. Hope will not disappoint us. We will recover and be back serving you again."

Discuss the devastation and whether you have any personal connections to the fires. Do you agree this could be a 'testing of faith'? What does it mean to be 'pilgrims of hope'?

Are you anxious or hopeful about the transition of power that occurred this week? What has you most worried? What has you most hopeful? Page 5

Martin Luther King Jr said: "People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other."

What prevents this communication? What is an antidote?

If you are interested in co-facilitating this group, please talk to Pastor Lynette.

*The term "Table Talk" comes from a book in Martin Luther's collected works, which was not written by Luther himself, but by friends and companions who jotted down quotes from the great teacher, usually while they were enjoying some of Katie Luther's famous brew around the table, talking about matters of faith, society, and life.

SAVE THE DATE MARCH 2 - FASNACHT PANCAKE BRUNCH

Gather in the Fellowship Hall during Cross+Gen for a pancake brunch and biblethemed games and activities for all ages. This will be a great time to meet and chat with fellow members of Good Shepherd.

SAVE THE DATE APRIL 6 - CELEBRATION BRUNCH

Plan to join in the celebration of the 25th anniversary of Pastor Lynette's ordination at a brunch in the Fellowship Hall at 10:30 am. Sign-up sheet coming soon for food and volunteers for the event.



Thank you for prayers, hugs and all the love shown while I was hospitalized and since being home. We Barbara Hack



SOUP SUPPER WITH ONE WINTER NIGHT Friday, February 7

Join other members of Good Shepherd to share a soup supper at 5:30 pm on Feb. 7 and to hear about the work of CU at Home and the One Winter Night event. Afterwards there will be a bonfire in front of church. There is a sign-up sheet in the narthex for those who wish to bring soup, rolls/muffins, salads or desserts for the supper. Contact Nancy Holm if you have any questions.



WOMEN'S BIBLE

www.gslc-cu.org

WOMEN'S BIBLE STUDIES

Groups meet in Choir Room

All women are welcome!

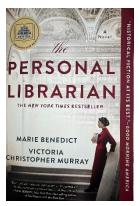
Ruth Bible Study: Tuesday, February 18, 9:30AM

Rachel Bible Study: Monday, February 24, 10:30AM

GOOD SHEPHERD LUTHERAN CHURCH 2101 S. Prospect, Champaign, IL - 217/352-1732 - www.gslc-cu.org

BOLD WOMEN'S DAY Sunday, February 23

The Women of the ELCA designates Bold Women's Day to celebrate all the Lutheran women who have acted or are acting boldly on their faith in Jesus Christ. We will have special prayers and readings.



WELCA BOOK CLUB

Thursday February 13, 9:30AM GSLC Choir Room

The Personal Librarian By Marie Benedict & Victoria Christopher Murray

This is a story of an extra ordinary woman, famous for her intellect, style, and wit. She shares the challenges she must face to protect her family and legacy. She has to preserve her carefully crafted white identity in the racist world in which she lives. The story begins in 1905 and ends in 1924. The authors have endeavored to share the life and legacy of Belle de Costa Greene as accurately as possible, even though they have written a fictional version. Questions, contact Jan Nuss.

YOUTH NEWS



GOOD SHEPHERD GOD SQUAD

7th-12th grades

Saturday, February 8 6-8PM

Souper Bowl prep concludes, walking tacos, taco cat goat cheese pizza, and more.



GOOD SHEPHERD YOUTH CLUB 3rd-6th grades

Saturday, February 22 4-6PM

Snacks and games; devotions for "Be Humble" day. Possibility of making ashes for Ash Wednesday.

CROSSWAYS CONFIRMATION CAMP Augustana College, Rock Island

June 9-13 for youth currently in grades 6-8 and their congregational adults. Registration opens soon; deadline is March 30. Learn more at <u>CrosswaysCamp.org</u>.

LEADERSHIP LAB Augustana College, Rock Island

June 23-28 for youth currently in high school, young adults, and adults. Registration opens soon; deadline is May 5. Learn more at <u>LeadershipLab.net</u>.

SYNOD YOUTH RETREAT Lake Williamson Christian Center Carlinville

November 21-23 for youth in grades 6-12 and their congregational adults. Registration opens in September; deadline is October 1. Learn more at <u>CSIS-ELCA.org/youth</u>.

	02/02/2025	02/09/2025	02/16/2025	02/23/2025
Acolyte	Jake Brucker	Andrew Todd	Declan O'Connell	Donovan Dewing
Communion		John Todd	Ash Waller	Agatha Barnes
Assistants	Lucas Barreto Jenelle Keene	Dan Corkery Mary Szyszka	Nancy McCowen Carol Steinman	Cinda Brucker Nancy Holm
Reader	Dean Olson	Nancy Holm	Lois McConomy	Julia Hartman
Chancel Care	Rebecca Nef- Heffernan	Sue <u>Plisch</u> & Alex Dewing	Rebecca Nef- Heffernan	Sue Plisch & Alex Dewing
Food Delivery	Ash & June Waller	Patty Hart	Gloria Arizaga	Deb Swanson
Flower Delivery	Patty Hart	Laurie Johnson	Lois McConomy	Agatha Barnes
Nursery	Dylan Keene	Jeremiah Todd	Lisa Young	Jenelle Keene
Coffee/Donuts	Kim McFarland & Patty Hart	Don Block & Laurie Johnson	Don Block & Becky Fisher	Don Block & Lisa Young
Usher	Joe Chamley	Marla Todd	Tim O'Connell	Nancy Olson
Livestream	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann	Darrell Hoemann

If you are interested in serving as a volunteer on Sunday mornings, please contact Traci in the church office at staff@gslc-cu.org to be added to our volunteer list.



Pastor Parish Admin. Asst. Treasurer Keyboardist Choir Director Custodian Parish Nurses

Lynette Chapman Traci Shepherd Bob Clark Leon Harrell Julia Hartman Dennis Lage Sandy Reifsteck Elizabeth Kakoma Celeste Coverdill

OFFICE HOURS: Monday – Thursday 8:00AM – 3:00PM & Friday 8:00AM-Noon

Deadline for Scroll is the 15th of every month.

Bulletin / Announcement / Shout Out Deadline is Wednesday at noon each week.

If you would like to receive a printed copy of the Scroll, please contact Traci at <u>staff@gslc-cu.org</u>. Paper copies are also available at the church.